COUNSELOR CORNER

November Update

This month, 2nd-5th grade learned about positive self talk and affirmations, while PreK-1st grade continued learning about Kelso's choices. We also started empathy and kindness lessons, which will continue through next month.

Pre-K, Kinder, 1st

Students practiced solving problems with Kelso's choices. It is important to remember that Kelso's Choices are used when students experience a small problem.

2nd, 3rd, 4th, and 5th

Students learned the importance of being kind to themselves with positive affirmations and self talk. They created posters and drawings with positive affirmations.

